



Head: Rebecca Mee

Flatts Lane, Calverton, Nottingham NG14 6JZ

Tel: 0115 9652291 Fax: 0115 9655701

office@sirjohnsherbrooke.notts.sch.uk

www.sirjohnsherbrooke.co.uk



Friday 5th September

Dear Parent/Carer,

We are delighted to inform parents that Year 4 pupils will begin school swimming lessons next Friday at 1pm. Some pupils will begin swimming lessons next Friday on 12th September 2025, these children have a green letter. Some Year 4 children will begin swimming after 9 weeks, starting on 28th November 2025, these children have a yellow letter. Some children may complete all 18 sessions, to support them with their swimming progress and these children will receive an in-app message informing them of this.

Please be aware, children with the incorrect clothing may be unable to join in the sessions.

We will be walking over to the pool after lunch on Fridays, so children will eat lunch as normal in school. **If you are available to support the walking of children to and from the swimming pool, please let your child's class teacher know, as we rely on volunteers.**

Please request a permission slip from reception or see the school website for a goggle's permission letter.

Kind Regards,

Miss Mears, Mrs Davey, Mr Ball and Miss Clow

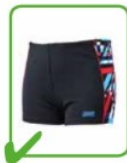
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As a parent/carer you play a vital role in encouraging your child to swim and learn about water safety, survival, and self-rescue. You can do this in a number of ways.

- Ensure you have advance notice about when and where the swimming and water safety lessons will take place.
- Volunteer to help with primary school swimming by supervising children when they are being transported to and from the pool, and when they are at the pool.
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Swimwear

Boys require tight fitting trunks or shorts with no pockets and which are no longer than mid-thigh length. Jammers are acceptable (see middle picture).



Boys

The pictures to the left are examples of Acceptable boys' swimwear.



Girls

The pictures to the left are examples acceptable girls' swimwear. Please note, girls require a snug-fitting one-piece swimsuit.

The following pictures show **unacceptable** swimwear.



Long baggy shorts can come down accidentally, particularly when diving or surface diving. They also cause excessive drag, making it harder to maintain correct swimming position.

Two-piece swimwear is prone to coming off when moving fast in water, or when jumping in or diving.

Modesty Swimwear

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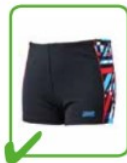
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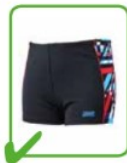
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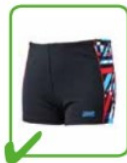
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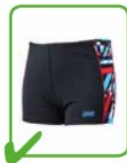
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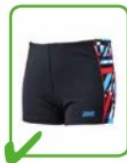
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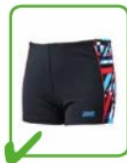
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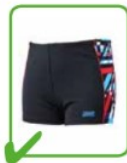
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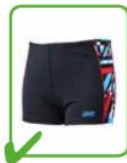
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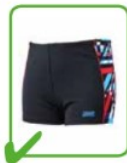
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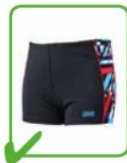
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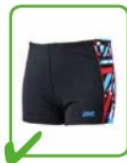
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